

GRATITUDE GOODNIGHT

Growth begins with gratitude. Make it a routine habit of beginning your day with gratitude by ending it the same way. This form is designed to help you finish strong each evening by focusing on that which you are grateful for. In ALL things, be grateful. You'll look back years from now and be grateful you did.

SUNDAY

1. _____
2. _____
3. _____

MONDAY

1. _____
2. _____
3. _____

TUESDAY

1. _____
2. _____
3. _____

WEDNESDAY

1. _____
2. _____
3. _____

THURSDAY

1. _____
2. _____
3. _____

FRIDAY

1. _____
2. _____
3. _____

SATURDAY

1. _____
2. _____
3. _____